

Blue Sparrow Pilates North Beach

1441 Grant Avenue
San Francisco CA 94133
415.398.4425
info@bluesparrowpilates.com
www.bluesparrowpilates.com



STOTT PILATES® Course Application

Mail your application to: Blue Sparrow Pilates, 1441 Grant Avenue, San Francisco, CA 94133

Name: _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____

2012 Course Offerings

Please check the box(es) of the course(s) you are applying for.

IM Intensive Mat-Plus	<input type="checkbox"/> Winter 2012	<input type="checkbox"/> Summer 2012
IR Intensive Reformer	<input type="checkbox"/> Spring 2012	<input type="checkbox"/> Fall 2012
AM Advanced Mat	<input type="checkbox"/> Spring 2012	<input type="checkbox"/> Fall 2012
AR Advanced Reformer	<input type="checkbox"/> Spring 2012	<input type="checkbox"/> Fall 2012

Course Registration

Applications must be accompanied by:

1. A completed application form
 2. A 20% deposit for course fees and material fees or full payment for course fees and material fees (if you are applying less than 30 days prior to the course start date)
 3. A detailed resume/CV outlining education and experience
 4. Two letters of reference
- *Space will only be reserved upon receipt of all application materials and deposits.*
 - *Deposits are non-refundable and non-transferable.*
 - *Space is limited and applications will be processed on a first-come-first-serve basis.*
 - *Last minute applications will be accepted if there is still space available.*
 - *You must withdraw from the course 45-days prior to start date of course for a refund minus the non-refundable deposit.*
 - *Fees for courses and workshops do not include applicable taxes or testing.*
 - *Prices are subject to change without notice.*

Payment Method MasterCard, VISA, AMEX, Check. Checks made payable to "Blue Sparrow Pilates".

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Course Application

Reference Letters

Letters should reflect course prerequisites, your teaching abilities and character

**Please attach additional paper(s) to your application if the space below is not enough for you.*

Relevant Education

Please list related degrees, diplomas, post-secondary or certificate courses and workshops

Describe anatomy education: Include number of hours, when / where you studied and what topics were covered (e.g. musculoskeletal, anatomy, biomechanics) ■ college / university course ■ workshop / other

List related certification (please specify: eg. ACE, AFAA)

Relevant Experience

Outline your teaching experience (describe subject taught / years teaching)

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Describe your personal experience in dance, fitness or other body work (how many years / how recently)

Outline your Pilates experience

(describe when & where, indicate the STOTT PILATES method or other) ■ none ■ 1-10 hrs ■ 10-30 hrs ■ 30+ hrs

Personal Information

Do you have any injuries, conditions or postural issues? Are you currently pregnant or have you recently given birth?
Failure to disclose any issues prior to enrollment may result in your removal from the course.

How did you hear about STOTT PILATES and its education program?

Do you have any STOTT PILATES or other Pilates certifications?

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Are you using this course to fulfill continuing education credits? ■ Yes ■ No If so, for what organization?

Why are you interested in becoming a Pilates instructor?

Are you interested in receiving further information on Blue Sparrow Pilates STOTT PILATES education program? ■ Yes ■ No

I hereby certify that the information provided on this application is accurate. I understand that failure to provide accurate information may result in my removal from the certification program.

I plan to attend all course hours: ___ Yes ___ No

I understand that if I miss course hours I will need to make them up with an Instructor Trainer (per Instructor Trainer availability). Course hours are made up at a 2:1 ratio for the first 5 hours missed and 1:1 ratio for more than 5 hours. Make-up hours are an additional cost of \$100/hour.

Please Initial _____

I understand the following:

Space will only be reserved upon receipt of all application materials and deposits.

Please Initial _____

Deposits are non-refundable and non-transferable.

Please Initial _____

You must withdrawal from the course 45-days prior to start date of course for a refund minus the non-refundable deposit.

Please Initial _____

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I have included the following:

COURSE NAME	COURSE		MATERIALS	
	Full Fee	20 % Deposit	Full Fee	20 % Deposit
IMP Intensive Mat-Plus	<input type="checkbox"/> \$1050	<input type="checkbox"/> \$210	<input type="checkbox"/> \$170	<input type="checkbox"/> \$34.00
IR Intensive Reformer	<input type="checkbox"/> \$1650	<input type="checkbox"/> \$330	<input type="checkbox"/> \$219	<input type="checkbox"/> \$43.80
IMP + IR*	N/A		<input type="checkbox"/> \$27*	<input type="checkbox"/> \$5.40*
AM Advanced Mat	<input type="checkbox"/> \$250	<input type="checkbox"/> \$50	<input type="checkbox"/> \$44.95	<input type="checkbox"/> \$8.99
AR Advanced Reformer	<input type="checkbox"/> \$650	<input type="checkbox"/> \$130	<input type="checkbox"/> \$134.95	<input type="checkbox"/> \$26.99

* You will only need to purchase the IMP/IR Support Materials Book (\$27) once as it is used in both IMP and IR

____ Two letters of reference

____ Detailed resume / CV of education / experience

Applications that do not include the above will not be processed.

signature

date

Release of Liability

In consideration of being allowed to participate in any way in the Blue Sparrow Pilates North Beach programs and courses, and any related events and activities, I recognize the necessity of occasional physical contact with trainers, and the risks of illness and injury inherent in any physical fitness program. I am participating with the express agreement and understanding that I am hereby waiving and releasing Blue Sparrow Pilates North Beach, Stott Pilates, and its employees against all claims. I have read this release of liability and fully understand its terms, understand that I have given up substantial rights by signing it, and sign it freely and voluntarily without any inducement.

signature

date